

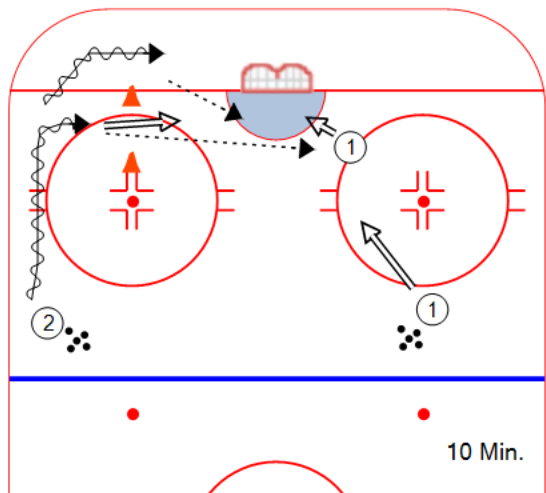


**Title :** Goalie Game Situation Drill 7

**Category :** Age 10 to 20

**Content :** Play back door

**Drill description :**



- 1) The goalie has a series of movements to do before he faces the first shot.
- 2) Shooter 1 will shoot after the goalie rolls over. The goalie will need to get up and get set before the shot is taken far side post. (No rebound )
- 3) Shooter 1 will drive the net to be an outlet pass that will be a back door option
- 4) Shooter 2 will drive to the net and they will need to pass the puck before the cones or get a shot to the net for a rebound .
- 5) Rebound on the last shot.
- 6) Shooter 1 will need to be close to the net to receive a pass from shooter 2.

**Key points**

Read and React

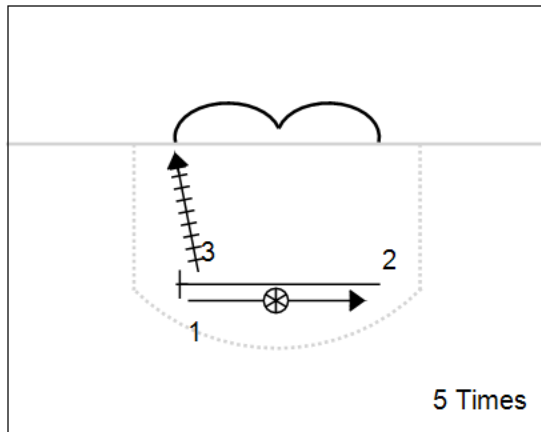
Be patient

Square to the puck

No cheating on the pass

**Goalie movements**

- 1- Roll over to face shooter 1
- 2- Recovery T push in front of shooter 2
- 3- Shuffle to the post to follow shooter 2
- 4- Read and react to the play
- 5-
- 6-
- 7-
- 8-
- 9-
- 10-



**Notes**

Blank area for notes.

**Symbols legend :**

	Basic position		Butterfly		Half-butterfly (left)
	Post positioning (left)		Vertical - Horizontal		Jump
	Power Push		Slide		Dive
	"T" push		Shuffle		180 rotation
	Butterfly slide		2 pad stack		360 rotation
			Cross over		Roll
			1/2 butterfly slide		"C" cut

